



## WHAT IS CONGENITAL ADRENAL HYPERPLASIA (CAH)?

**Congenital Adrenal Hyperplasia (CAH)** is a family of inherited disorders affecting the adrenal glands. Over 90% of those diagnosed with CAH are affected by 21-hydroxylase deficiency. Inherited in severe and moderate forms, the major types of CAH are:

### Classical CAH

The severe form of CAH can result in life-threatening imbalances in salt and hormone levels. If undetected at birth, Classical CAH can lead to adrenal crisis and death. Frequently, newborn babies show no outward signs of the disorder and they are sent home only to present a few weeks later for urgent medical attention at a time when they are beyond resuscitation. Classical CAH also is the most common cause of urogenital birth defects in affected females.

### Non-Classical CAH

The mild form of CAH may cause symptoms at any time from infancy through adulthood. While each individual presents differently, common symptoms include: premature development of body hair, body odor, rapid growth spurt - but ultimately short stature as adult, early puberty, severe acne, anxiety, depression, mood swings, migraines and infertility.

**FOR MORE INFORMATION, PLEASE VISIT OUR WEBSITE:**

[www.caresfoundation.org](http://www.caresfoundation.org)

or call our office toll-free at: **1 (866) 227-3737**

## CLAY SHOOT FOR CARES THURSDAY, OCTOBER 8, 2026

### A GREAT CAUSE:

CARES Foundation is a 501(c)3, nonprofit organization, [Tax Exempt #22-3755684] that leads the effort to improve the lives of Congenital Adrenal Hyperplasia (CAH) patients, and seeks to advance quality health care through support, advocacy, education and research. We represent affected individuals, families and health care professionals in all 50 states and in more than 70 nations.

We are the only U.S. organization dedicated solely to the CAH community.

Your contribution will help us continue to offer the following programs and services to CAH and other adrenal insufficiency patients as well as the medical community:

- Designation of Comprehensive Care Centers for CAH (Centers of Excellence)
- Research grants and recruitment for qualifying researchers studying treatments and searching for a cure
- Physician referral service
- "Ask the Expert" service
- Educational materials and programs featuring the world's leading CAH experts
- Support for affected individuals and their families, including one-on-one support, specialized groups and an online community
- Advocacy for life-saving EMS response for adrenal insufficiency and other important issues facing the CAH community
- Newsletters featuring the most up-to-date news about CAH
- Monitoring of Newborn Screening in the U.S. and support for development internationally
- CAH-dedicated podcast, CAH Pulse

11TH ANNUAL

# CLAY SHOOT

FOR

# CARES

THURSDAY, OCTOBER 8, 2026



LEHIGH VALLEY SPORTING CLAYS  
COPLAY, PENNSYLVANIA



[WWW.CARESFOUNDATION.ORG](http://WWW.CARESFOUNDATION.ORG)

**Please mail this registration form to:**

**CARES FOUNDATION  
2414 MORRIS AVE, STE 110  
UNION, NJ 07083**



## JOIN US FOR CLAY-SHOOTING FUN IN BEAUTIFUL LEHIGH VALLEY, PA!

Thursday, October 8, 2026  
Lehigh Valley Sporting Clays  
2750 Lime Stone Street  
Coplay, PA 18037  
[www.lvsclays.com](http://www.lvsclays.com)

**Breakfast & Registration:** 8:30AM  
**Clay Shoot begins:** 9:30AM  
**Lunch:** Immediately following shoot

**RAIN OR SHINE**



**TOP INDIVIDUAL SHOOTERS  
& TOP FOURSOME!**

### ALL PROCEEDS BENEFIT CARES FOUNDATION

For complete event information and/or to register (sponsor) to attend and for underwriting opportunities, please contact **Carlos DaSilva** at **(610) 297-2090** or [cdasilva@lbindustriesinc.com](mailto:cdasilva@lbindustriesinc.com) or [Dina@caresfoundation.org](mailto:Dina@caresfoundation.org) or complete all transactions online by visiting:

<https://caresfoundation.org/clay-shoot-for-cares/>

## HOW YOU CAN HELP:

### BECOME AN UNDERWRITER

- Targets (\$3,000)  Shotgun Shells (\$2,000)
- Golf Carts (\$1,000)  Food & Beverage (\$1,000)
- Prizes (\$500)  Eye Protection (\$500)  Awards (\$500)
- General Underwriter (\$250)  Stations (\$250)

### PARTICIPATE/REGISTER

**Corporate Foursome - \$700**   
Includes 4 shooters, 100 clays & 100 shells per shooter, golf cart, breakfast and lunch.

**Corporate Twosome - \$375**   
Includes 2 shooters, 100 clays & 100 shells per shooter, golf cart, breakfast and lunch.

**Individual Shooter - \$200**   
Includes 1 shooter, 100 clays & 100 shells, walking cart, breakfast and lunch.

**Lunch Guest - \$60**   
Seating at lunch.

**Will you require a loaner shotgun?**  
Yes  No  If yes: 12g  QTY \_\_\_\_\_ 20g?  QTY \_\_\_\_\_

### PLEASE PROVIDE SHOOTER/S NAME/S:

Shooter #1: \_\_\_\_\_

Shooter #2: \_\_\_\_\_

Shooter #3: \_\_\_\_\_

Shooter #4: \_\_\_\_\_

**If you plan to be in a group with others registering individually, please list their names below:**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## REGISTRATION FORM:

Registrant Name: \_\_\_\_\_

Address Line: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Amount Enclosed: \$ \_\_\_\_\_

### WOULD YOU LIKE TO JOIN THE CARES COMMUNITY?

YES  NO  Already a member

### \*PLEASE MAKE ANY CHECKS PAYABLE TO: CARES FOUNDATION, INC.

Please bill my credit card. We accept Visa, MC and Amex.

I am willing to absorb the credit card fees associated with this purchase (3.5%)

Cardholder Name: \_\_\_\_\_

CC#: \_\_\_\_\_

Expiration date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Security code: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### ACTION REQUIRED TO PARTICIPATE



Please visit:  
<https://waiver.smartwaiver.com/e/GGnBgumijetTizvRDaThW9/> or use the link on our website to complete the online waiver at least two (2) days before the event!

### PLEASE ALSO READ & SIGN BELOW: Assumption of Risk, Release, & Permission

The Clay Shoot for CARES involves an activity that includes risks. I hereby assume all risks and relieve CARES Foundation and LVSC from liability associated with my participation. I grant full permission to CARES Foundation to use, reuse, publish, and republish my image as a participant of the event in photographs, video, or other recordings. I have read, understand, and agree to the terms of this agreement.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_