

CARES Foundation's Support Groups via Zoom

UPCOMING MEETING SCHEDULE

Thursday, July 10

Parents of CAH Children (Newborn-Age 5), 9:00PM(ET) via Zoom

Thursday, September 11

Parents of CAH Children (Newborn-Age 5), 9:00PM(ET) via Zoom

Wednesday, September 17

Parents of CAH Children (School-aged, Teens, Young Adults), 8:30PM(ET) via Zoom

Thursday, September 25

Parents of CAH Women, 8:30PM(ET) via Zoom

Thursday, October 9

Parents of CAH Children (Newborn-Age 5), 9:00PM(ET) via Zoom

Thursday, October 22

Spanish Speaking CAH Patients & Parents, 8:30PM(ET) via Zoom

Wednesday, November 5

Young Adults with CAH (Ages 17-29), 8:30PM(ET) via Zoom

Thursday, November 13

Parents of CAH Children (Newborn-Age 5), 9:00PM(ET) via Zoom

Thursday, December 4

Parents of Children (School-aged, Teens, Young Adults), 8:30PM(ET) via Zoom

Thursday, December 11

Parents of CAH Children (Newborn-Age 5), 9:00PM(ET) via Zoom

If you are interested in participating in any of the above meetings, please reach out to: support@caresfoundation.org. **YOU MUST BE PART OF THE CARES COMMUNITY TO JOIN.**

(see next page)

(Free to join) Join by visiting: <https://caresfoundation.org/join-the-cares-community/>

Please remain active on CARES social media, and make sure you are checking your email/ the [CARES Event Calendar](#) regularly for any support group updates. If you have any questions regarding support groups, please contact: support@caresfoundation.org.



Mon.	Tues.	Wed.	CARES Event Calendar	Thurs.	Fri.	Sat.
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Make sure that you are staying up-to-date on everything happening in our community, by visiting the [Event Calendar](#)!

[Click here to see the full CARES Foundation Event Calendar](#)