

# 2024

## SUPPORT GROUP MEETINGS

CARES sponsors regular support group meetings which are hosted via Zoom\*. During these meetings, CAH patients, family member, caregivers and other relatives, can ask questions, make connections and get the support they need. Most, if not all, Zoom meetings will include a doctor who specializes in the treatment of CAH. Sometimes, CARES' Support Group Leaders will also join to offer their advice and counsel as a specialized member of CARES support team.

If you would like to participate in any of the below meetings, please email [support@caresfoundation.org](mailto:support@caresfoundation.org) and indicate which meetings you would like to attend.

**JANUARY 11, 2024 - 9:00PM(ET)**

**PARENTS OF CHILDREN (NEWBORN-AGE 5)**

**JANUARY 25, 2024 - 8:30PM(ET)**

**CAH WOMEN, 8:30PM(ET)**

**FEBRUARY 7, 2024 - 8:30PM(ET)**

**LGBTQIA+**

**FEBRUARY 8, 2024 - 9:00PM(ET)**

**PARENTS OF CHILDREN (NEWBORN-AGE 5)**

**FEBRUARY 21, 2024 - 8:30PM(ET)**

**YOUNG ADULTS (17-29)**

**MARCH 7, 2024 - 8:30PM(ET)**

**PARENTS OF CHILDREN (SCHOOL-AGED/TEENS/YOUNG ADULTS)**

**MARCH 14, 2024 - 9:00PM(ET)**

**PARENTS OF CHILDREN (NEWBORN-AGE 5)**

**MARCH 27, 2024 8:30PM(ET)**

**SPANISH SPEAKING CAH PARENTS/PATIENTS**

**APRIL 11, 2024 - 9:00PM(ET)**

**PARENTS OF CHILDREN (NEWBORN-AGE 5)**

**MAY 9, 2024 - 9:00PM(ET)**

**PARENTS OF CHILDREN (NEWBORN-AGE 5)**

**MAY 14, 2024 - 8:30PM(ET)**

**CAH WOMEN**

**MAY 22, 2024 - 8:30PM(ET)**

**PARENTS OF CHILDREN (SCHOOL-AGED/TEENS/YOUNG ADULTS)**

**JUNE 13, 2024 - 9:00PM(ET)**

**PARENTS OF CHILDREN (NEWBORN-AGE 5)**

**JULY 11, 2024 - 9:00PM(ET)**

**PARENTS OF CHILDREN (NEWBORN-AGE 5)**

**SEPTEMBER 12, 2024 - 9:00PM(ET)**

**PARENTS OF CHILDREN (NEWBORN-AGE 5)**

**SEPTEMBER 18, 2024 - 8:30PM(ET)**

**PARENTS OF CHILDREN (SCHOOL-AGED/TEENS/YOUNG ADULTS)**

**SEPTEMBER 26, 2024 - 8:30PM(ET)**

**CAH WOMEN**

**OCTOBER 10, 2023 - 9:00PM(ET)**

**PARENTS OF CHILDREN (NEWBORN-AGE 5)**

**OCTOBER 23, 2024 - 8:30PM(ET)**

**SPANISH SPEAKING CAH PARENTS/PATIENTS**

**NOVEMBER 7, 2024 - 8:30PM(ET)**

**YOUNG ADULTS (17-29)**

**NOVEMBER 14, 2024 - 9:00PM(ET)**

**PARENTS OF CHILDREN (NEWBORN-AGE 5)**

**DECEMBER 5, 2024 - 8:30PM(ET)**

**PARENTS OF CHILDREN (SCHOOL-AGED/TEENS/YOUNG ADULTS)**

**DECEMBER 12, 2024 - 8:30PM(ET)**

**PARENTS OF CHILDREN (NEWBORN-AGE 5)**