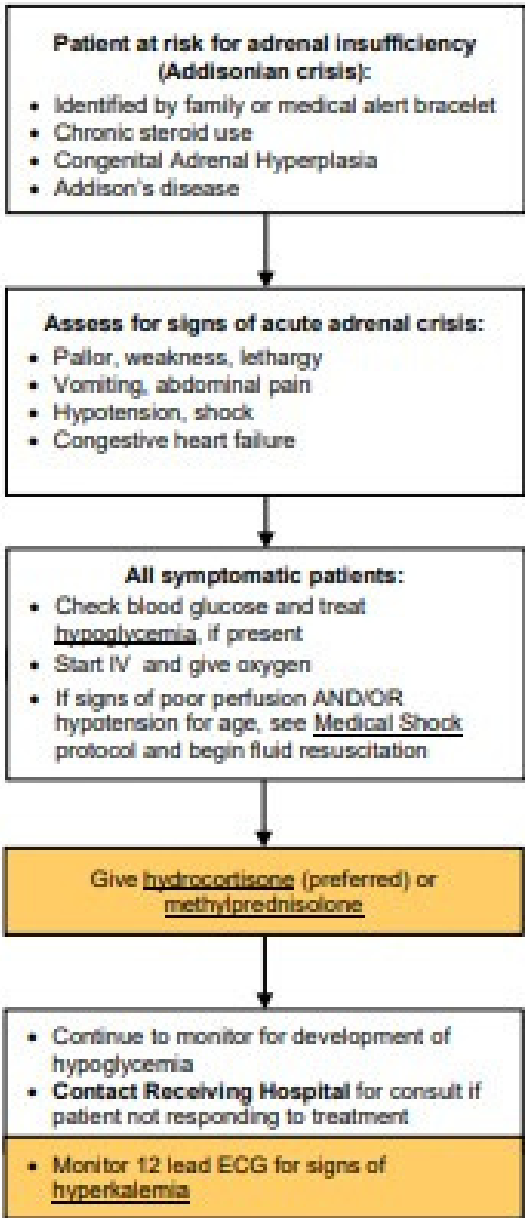


## 4120 ADRENAL INSUFFICIENCY PROTOCOL



EMR DEC	EMT EMT-IV	AEMT
	EMT-I	Paramedic

- Chronic corticosteroid use is a common cause for adrenal crisis, carefully assess for steroid use in patients with unexplained shock.
- Administration of steroids are life-saving and necessary for reversing shock or preventing cardiovascular collapse
- Patients at risk for adrenal insufficiency may show signs of shock when under physiologic stress which would not lead to cardiovascular collapse in normal patients. Such triggers may include trauma, dehydration, infection, myocardial ischemia, etc.
- If no corticosteroid is available during transport, notify receiving hospital of need for immediate corticosteroid upon arrival
- Under Chapter 2 Rule: specialized prescription medications to address an acute crisis may be given by all levels with a direct VO, given the route of administration is within the scope of the provider. This applies to giving hydrocortisone for adrenal crisis, for instance, if a patient or family member has this medication available on scene. Contact hospital for direct verbal order