

CARES Foundation Conference, Patient-Centered CAH Care
October 8th, 2022

Overall Conference Objectives:

1. Discuss the long-term effects of Congenital Adrenal Hyperplasia (CAH) and its treatment.
2. Identify the behavioral and psychosocial aspects of CAH.
3. Describe a multi-disciplinary approach to surgical decision making and management of CAH.

Time	Main Meeting Room	Breakout Meeting Room	Breakout Meeting Room	
7:00-7:45am	Registration			Childcare: Lend-A-Hand, Cook Children's Volunteers
7:45-8:00am	Welcome Remarks: Paul Thornton, MBBS, Cook Children's			
8:00-8:15 am	CARES State of Affairs Dina Matos, Executive Director, CARES Foundation			
8:15-9:00 am	Long Term Effects of CAH Perrin White, MD, Children's Health			
9:00-9:45 am	Long Term Effects of Glucocorticoids Richard Auchus, MD, PhD, University of Michigan Health			
9:45-10:15 am	CAH, Covid-19 and Preparing for Future Health Crises Scott Rivkees, MD, Brown University School of Public Health			
10:15-10:30 am	Break			
10:30-11:15 am	Surgical Decision Making with Your Interdisciplinary Team Paul Thornton, MBBS, Jeff Pugach, MD and Emily Haddad LCSW, Cook Children's		Teens with CAH, Art Project and Hang Out: Cook Children's Child Life Specialists	
11:15-12:00 pm	Behavioral Issues in Teens Cortney Wolfe-Christensen, PhD, Cook Children's and Heino Meyer-Bahlberg, PhD, Columbia University			
12:00-1:00 pm	Adulthood Psychosocial Challenges Heino-Meyer Bahlberg, PhD, Columbia University		Breakout Session: 0-2 Year Old, CAH Management	
1:00- 1:45pm	Lunch Break			
1:45-2:15 pm	Industry Presentations	Injection Training: Kaitlyn Miller RN		
2:15-2:45 pm		Injection Training: Kaitlyn Miller RN		
2:45-3:15 pm		Injection Training: Kaitlyn Miller RN		

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3:15-3:45 pm	Break			
3:45-4:30 pm	Family Planning and Fertility Shanna Combs, MD and Tony Leavitt, MSN, RN, FNP-BC, AOCNP, Cook Children's	Breakout Session: Transition to Adulthood Madrid	Breakout Session: Teen Challenges Uchurch, Yoder	
4:30-5:15 pm	Bone Health in CAH Kristin Favela, MD, Cook Children's	Breakout Session: Intimacy for Adults Dr. Heino Meyer-Bahlberg		
5:15-5:30 pm	Closing Remarks: Dr. Paul Thornton and Dina Matos			

Accredited presentations

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