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| Time | |
| 8:30 to 9:00 am | |
| | Zoom (Webinar) |
| 8:50 to 9 am | Opening Remarks: Dina Matos |
| 9:00 to 9:20 am | Stress Dosing in CAH Speaker: Karen Lin Su, MD Pediatric Endocrinology |
| 9:20 to 9:30 am | Questions and Answers |
| 9:30 to 9:50 am | Surgical Considerations in CAH Speaker: Dix Poppas, MD Pediatric Urology |
| 9:50 to 10:00 am | Questions and Answers |
| 10:00 to 10:20 am | How to Discuss CAH with Your Child Speaker: Corinne Catorazolli, PhD Child Psychology |
| 10:20 to 10:30 am | Questions and Answers |
| 10:30 to 10:50 am | Optimal Nutrition in CAH Speaker: Isabel Reckson Nutrition/Pediatric Endocrinology |
| 10:50 to 11:00 am | Questions and Answers |
| 11:00 to 11:20 am | Transitioning CAH Care from Pediatric to Adult Speaker: Tiffany Yeh, MD Endocrinology |
| 11:20 to 11:30 am | Questions and Answers |
| 11:30 to 11:50 am | Fertility and Pregnancy in Women with CAH Speaker: Nigel Pereira, MD Reproductive Endocrinology |
| 11:50 am to 12:00 pm | Questions and Answers |
| 12:00 to 1:00 pm | Lunch break |

LIVING WITH CAH – EDUCATIONAL CONFERENCE FOR PATIENTS AND FAMILIES

8:45 AM – 3:15 PM (EST)

Co-hosted by CARES Foundation and NYP/Weill Cornell



**Weill Cornell
Medicine**

| | Breakout Room 1 | Breakout Room 2 | Breakout Room 3 | Breakout Room 4 |
|-----------------|---------------------------------------|-----------------------------------------------------------|--------------------------------------------------------------------|-----------------------------|
| 1:00 to 1:50 pm | Biotech Update on New Therapy for CAH | Surgery - general questions - Dix Poppas and Denise Galan | Women & Romantic relationships - Heino Meyer-Bahlburg and Karen Su | Injection Training (Louise) |
| 2:00 to 2:50 pm | Women with NC-CAH - Oksana Lekarev | Males with CAH - Moderator Dix Poppas | CAH General Information Q & A - Karen Su | Injection Training (Denise) |
| 3:00 to 3:10 pm | Closing remarks | | | |