### Procedures / Interventions

<table>
<thead>
<tr>
<th>Med Doses</th>
<th>EMT</th>
<th>AEMT</th>
<th>PM</th>
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- Perform initial assessment and treatments as described in IPAP.

A patient may be identified as being at risk for Adrenal Insufficiency or Adrenal Crisis by presence of one of the following:

- Medical alert bracelet/identification
- Patient medical records
- History reported by patient or family

Patients with adrenal insufficiency who present with any of the following signs/symptoms may need “stress dose” steroids if available.

- Severe injury of any type
- Acute blood loss
- Fluid and Electrolyte loss
- Infections
- Severe Nausea/Vomiting/Diarrhea
- Abdominal pain
- Altered mental status

**Treatment:**

- If patient or family member has physician-prescribed “stress dose” steroid medication available, contact medical control for orders to administer steroid.
- Obtain vascular access IV/IO if appropriate
- Aggressive fluid resuscitation may be necessary during transport.
- Assess blood glucose if indicated and treat according to the *Hypoglycemia and Hyperglycemia Protocol*